

Strong And Hard Women An Ethnography Of Female Bodybuilding

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This compelling ethnography explores the world of female bodybuilding, offering a deep dive into the lives of strong and resilient women who redefine conventional notions of femininity and strength. It examines their journey, the subculture they inhabit, and the societal perceptions surrounding their powerful physique, providing an insightful look into the dedication and challenges of these 'hard women'.

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